

## ***QUESTIONS CONCERNING THE DAY TREATMENT PROGRAM***

### **Why is my child being referred to the Day Treatment Program?**

Your child is being referred to Day Treatment by their Probation Officer because it has been determined by the Court that they are experiencing difficulties in their home, school and /or community that require the intensive services offered by day treatment.

### **How does the referral process work?**

Once your child's Probation Officer determines that day treatment could benefit you and your child the Probation Officer completes a written referral packet. If it is determined that your child be placed in Day Treatment your family will be assigned to a Day Treatment Staff who will be your contact person during the program.

### **Who makes the final decision as to whether or not my child is placed in the Day Treatment Program?**

A Court hearing is scheduled by your child's probation officer and a recommendation is made to the Court. The final decision for placement into the Day Treatment Program is made by the Judge or his/her designee.

### **If it is determined that my child will be in day treatment will we be provided with information about the program?**

Your child's Probation Officer will schedule a Team Meeting. You and your child will be provided with an overview of Day Treatment and staff will be able to answer all your initial questions. The treatment team is comprised of the youth, parent, probation officer, therapist, point person and supervisor, and program administrator. The treatment team meets for an initial meeting, an update meeting, exit, and transition meeting at the school the youth will be attending

### **When will my child be required to attend the Day Treatment Program?**

The Day Treatment Program operates on Monday through Friday (excluding holidays) from 7:30am to 7:30pm. Your child's risk level will determine how many days and for how long your child attends Day Treatment Program. As your child makes progress and completes groups he/she will eventually not be required to attend the full day of programming.

### **What type of staff will be working with my child?**

The Juvenile Care Center's Day Treatment Program maintains highly competent professional staff who are trained in evidence based interventions. The staff including an Probation Officer, Teachers, Youth Development Workers, Day Treatment Supervisor, Mentor Coordinator and Therapist will be working with you and your child.

### **How long is the Day Treatment Program and what needs to happen for my child to complete the program?**

The Day Treatment Program, including Aftercare requires a minimum of 6 months to 1 year or more for completion. Length of time in the program is determined by risk factors and willingness to change. Youth who are determined to be medium risk will receive a minimum of 100 hours of cognitive interventions and high risk youth will receive a minimum of 200 hours.

Your child's success in the program is dependent upon his/her willingness to comply with the expectations of the program. You will be expected to enforce all program rules and probation rules, provide your youth with supervision, support the program and participate in all parent services. Your active involvement is not only required by the Court but will assist your child in completing the program.

### **What services will be provided to my child in the Day Treatment Program?**

The Day Treatment Program requires all youth to participate in an array of services including: educational programming, social skills groups, substance abuse groups, group and individual therapy, family therapy, community services, and recreational activities.

Youth who attend the program are assessed as medium to high risk based on the Youth Assessment Screening Instrument (YASI) typically have risk factors in education, family, and substance abuse, attitudes, peers, or skills. Individualized education and treatment plans target the risk and need areas and increase the protective factors in the youth's life.

### **Some of the Evidence Based Programs your child and you may participate in include:**

#### **Thinking For a Change (T4C)**

Thinking for a Change is an integrated cognitive behavioral change program for offenders. This program includes: cognitive restructuring, social skills development, and problem solving skills.

#### **Aggression Replacement Training (ART)**

Aggression Replacement Training is an evidenced based program developed to teach participants to replace inappropriate behavior by learning prosocial skills, anger control, and moral reasoning.

#### **Victim Impact Group (VIG)**

Victim Impact Group helps the youth understand the emotional, physical, financial and spiritual impact that their crimes have on other people in their families, the victim's families, and in our community.

#### **Common Sense Parenting (CSP)**

Common Sense Parenting (CSP) is a seven week skill-based parenting program that teaches parents easy-to-learn techniques and logical strategies to address everyday issues of communication, discipline, decision-making, relationships, and self-control.

**Are parent/guardian(s) required to participate in the Day Treatment Program?**

Yes, absolutely. The parent/guardian(s) are required by the Court to attend all conferences and meetings, and participate in family counseling and parenting classes. The involvement of the family is critical to the success of your child.

**Who will answer my questions or concerns regarding my child’s placement in Day Treatment?**

The Probation Officer, Day Treatment Supervisor or other Day Treatment Staff should be able to answer questions and respond to concerns. If you have concerns that are not adequately addressed contact the Center’s Director or Assistant Director.

**Will I be held financially responsible for my child’s placement in day treatment?**

At the time of your child's placement in the Day Treatment Program, the Family Court will order that all or part of the costs of your child’s stay will be your responsibility, dependent upon your ability to reimburse. Parent(s) may also be held liable for any damage done by their child to the Juvenile Care Center during placement in the Day Treatment Program.

**GENERAL INFORMATION**

The Midland County Day Treatment Program is a Court-operated intensive treatment program for adjudicated youth ages 12-17 who continue to be involved with the Court after other Court interventions.

The program targets criminogenic risk factors through cognitive groups and interventions; provides educational assessments, junior and high school classes aligned with Midland Public Schools, credit recovery; and provides opportunities for strength-based activities.



**Midland County Juvenile Care Center  
Day Treatment Program**

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**MIDLAND COUNTY  
JUVENILE  
CARE CENTER**

**DAY TREATMENT  
PROGRAM**

**PARENT  
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